



What equipment should I expect from Exuberant Kilimanjaro?

- Dining / Mess Tents
- Camp Chairs
- Camp Tables
- Eating Utensils
- 4-season Sleeping Tents (Mountain hardware or North face)
- 1.5" Thick Mattress

- Emergency Oxygen: Enough oxygen is carried by most operators for use in emergency situations on ALL treks. Oxygen is not supplied to clients with supplemental oxygen on the way to the summit because this is a very dangerous thing to do. You do not need supplemental oxygen to reach the 19340ft summit of Kilimanjaro. If you do, it means you are not acclimatizing properly and administering bursts of oxygen creates a compounding problem that can turn fatal if a technical problem happens and/or your oxygen supply gets depleted. Good operators will make sure clients acclimatize properly without supplemental oxygen and when they don't, they must descend. This is the safe thing to do.

- Pulse-oximeters: Available on ALL treks. We use these little finger-devices to measure your percentage of oxygen-rich red blood cells traveling through your body. As you climb higher, we expect your readings to show less saturation and dramatic drops may point to acclimatization issues. But we do not depend solely on these readings. Your guides will monitor you in many ways, including your ability to keep up with your group, your appetite, your water intake, your communications (slurring words, etc), your breathing, headaches and other symptoms.

- Canvas Stretchers: Available on ALL treks. To carry you safely and comfortably during an emergency descend.

- First-aid, Trauma and Medicine Kits: Available on ALL treks. Your guides are trained to treat minor injuries and discomforts BUT we cannot give you medicine or other drugs! Should you have an allergy the end-result can easily be more harmful than the symptom we are treating! Please bring your own small supply of pills and drugs as recommended by your doctor including Diamox. The guides will advise you when and how to take your medication.

-Mobile Phones and radio calls: Carried by all guides for daily communications between camps and with our office base in Moshi.