

KILIMANJARO

PERSONAL MOUNTAIN EQUIPMENT/GEAR LIST

Our porters can carry up to 15kg (33lbs) of your personal belongings.

The items mentioned below can be rented on location - payable in USD. Please Note: there is a general ban of plastic bags in Tanzania however, zip lock types of bags are permitted for tourists.

Technical Clothing

- 1 – Waterproof Jacket, breathable with hood (Shell)
- 1 – Warm Jacket (Insulated/Down with hood) with feathers inside
- 1 – Soft Jacket /Windbreaker - Made of breathable material (Soft Shell)
- 1 – Fleece/ Sweater
- 2 – Long Sleeve Tops (1 - moisture-wicking & 1 – Thermal)
- 1 – Short Sleeve Top, moisture-wicking (optional)
- 1 – Rain trousers with membrane (Breathable side zipper recommended)
- 2 – Hiking Pants (Loose plain pants for hiking and travel)
- 1 – Warm Fleece Pants/Ski Pants (for Summit Approach)
- 1 – Long Underwear, moisture-wicking
- 1 – Long Underwear, thermal (Wool made/Merino)
- 4 – Underwear, moisture-wicking
- 1 – Poncho

Headwear

- 1 – Hat for sun protection with sun visor (should cover head and back of the neck)
- 1 – Beanie / knit hat
- 1 – Neck buff/ Scarf (for dust, wind and warmth)
- 1 – Headlamp (with spare batteries)
- 1 – Balaclava

Handwear

- 1 – Thick warm Gloves (waterproof recommended)
- 1 – Thin light Gloves,

Footwear

- 1 – Hiking Boots (warm, waterproof)
- 4 – Socks, 1 woolen and 3 synthetic (Thick wool socks for summit night & regular socks for trekking other days)
- 1 – Gaiters, waterproof

Accessories

- 1 – Sunglasses (Polarized)
- 1 – Water Bottle (Nalgene, 1.5l/51 oz.)
- 1 – Water Bladder (Camel bag type, 3 liters)
- Stuff Sacks, Dry Bags or Ziploc –Type Plastic Bags to keep gear dry and separate
- 1 – Trekking Poles/ Walking sticks

Bags

- 1 – Sleeping Bag, (warm, -30° recommended)
- 1 – Duffel Bag, 70L–90L, for porters to carry your equipment
- 1 – Daypack, 30L–35L, for you to carry your personal gear

Other

- Toiletries
- Prescriptions
- Sunscreen
- Lip Balm
- Insect Repellent containing DEET
- First Aid Kit
- Hand Sanitizer
- Toilet Paper
- Wet wipes (Recommended)
- Snacks, lightweight, high calorie (optional)
- Electrolytes, powder or tablets (optional)
- Camera, with extra batteries (optional)

Paperwork

- Passport
- Visa
- Vaccination Papers
- Insurance Documents
- Flight ticket

Optional

- Sports bra (for women)
- Shorts
- Sandals/Sneakers for camp
- Backpack Cover, waterproof (optional)
- Altimeter
- GPS
- Water purification tablets
- Large neck towel
- Pee bottle (for women)
- Sleeping Pad, inflatable (optional, foam pad provided)
- Camp Pillow, inflatable (optional)